

Q: Why do I need Chiropractic? I'm not in pain!

A: Pain is a wonderful warning signal that something needs to be addressed. Usually, it is when we are entering a "crisis" phase in our health.

Looking at health from a **wellness** perspective shows us what Chiropractic can do. By removing interference to the nerve system, your whole body communicates better. When there is better communication, your body functions with much greater ease.

When there is interference, first there is dis-ease, a state of less than optimal function. Dis-ease, uncorrected, leads to disease. Disease then produces pain, which leads people to take action.

Take action before you enter a crisis phase!
Schedule a visit with Brilliant Life Chiropractic today and ensure optimal function of your body and live your life to the fullest!